

<b>USE OF RESTRAINTS</b>	
<b>ADULT</b>	<b>PEDIATRIC (≤34KG)</b>
<b>BLS</b>	
<ul style="list-style-type: none"> <li>• Universal Protocol #601</li> <li>• Pulse Oximetry – O<sub>2</sub> administration per Airway Management Protocol #602</li> <li>• Application of restraints – see Notes</li> <li>• Evaluate restrained extremities for pulse quality, capillary refill, color, nerve and motor function every 15 minutes</li> </ul>	
<b>ALS Standing Orders</b>	
Severely agitated or aggressive patients that interfere with patient care, or patient/crew safety refer to Behavioral Protocol #613	
<b>Base Hospital Orders Only</b>	
As needed	
<b>Notes</b>	
<ul style="list-style-type: none"> <li>• Restraints for prehospital use must be either padded leather or a soft material and allow for quick release                             <ul style="list-style-type: none"> <li>○ No hard plastic ties</li> <li>○ No “sandwiching” the patient between backboards or like devices</li> <li>○ No restraining hands and feet behind the patient (“hog-tying”)</li> <li>○ No methods or material applied in a manner that cause respiratory, vascular or neurological compromise</li> <li>○ Patient may not be transported in the prone position</li> </ul> </li> <li>• Indications                             <ul style="list-style-type: none"> <li>○ For patients who are violent, or may harm themselves or others during field treatment or transport</li> </ul> </li> <li>• Documentation shall include:                             <ul style="list-style-type: none"> <li>○ Reasons and time restraints were applied</li> <li>○ Which agency/personnel applied the restraint</li> <li>○ Evaluation of restrained extremities for pulse quality, capillary refill, color, nerve and motor function every 15 minutes</li> <li>○ Evaluation of respiratory status</li> </ul> </li> <li>• Method of application shall allow for monitoring of vital signs and shall not restrict the ability to protect the patient’s airway, or compromise neurological or vascular status</li> <li>• Restraints applied by law enforcement and not approved for use by EMS personnel:                             <ul style="list-style-type: none"> <li>○ Require the officer to remain available at the scene or during transport to remove or adjust restraints for patient safety</li> <li>○ Must allow for straightening of the abdomen and chest to allow for full tidal volume respirations</li> </ul> </li> <li>• Aggressive or violent behavior may be a symptom of medical conditions such as head trauma, alcohol, drug related problems, metabolic disorders, stress or psychiatric disorders.</li> </ul>	